

# COLESBAY VACATION RETREAT

## BREAKFAST

### BREAKFAST OPTION: ONE

#### Healthy Fruit and Yogurt

- Bowl of berries, bananas, mango, grapes, oranges, etc.
- Plain or vanilla yogurt with a sprinkle of cinnamon and granola.
- Croissants fresh from our oven.
- Apple or orange juice.
- Coffee and tea are in your room.
- And if you want, you can have eggs of your choice
- You can remove items you don't want.

### BREAKFAST OPTION: TWO

#### Traditional Egg Breakfast

- Eggs (boiled, poached, fried, scrambled (with or without cheese) or omelet)
- English roast potatoes
- Bacon (2 pieces - crispy or cooked through but still tender.)
- Home made fresh baked croissants
- Orange or Apple juice
- You can remove want or items removed

### BREAKFAST OPTION: THREE

#### Also, a fun one is a Dutch Baby.

A type of pancake baked in a pie plate with a crispy crust, and chunks of peach or mango, a bit of apple granola with fresh blueberries, raspberries, bananas and mango on top and a touch of maple and raspberry/blueberry syrups.

We add a small, tasty bowl of a lovely thick cinnamon sprinkled vanilla yogurt that goes well with the pancake. Also, if you like bacon for salty, we can add that on the side!

A favorite of our returning guests!



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### BREAKFAST OPTION: FOUR

#### Quiche Lorraine

Traditional quiche Lorraine available: a classic French tart with a golden, flaky crust and a creamy filling of eggs, cream, soft cheese and smoky bacon. Served warm, it's delicious with its rich savory flavor. You can also add spinach, tomato, and/or green onions.

### BREAKFAST OPTION: FIVE

#### Fruit Crepes

Start your morning with a truly special breakfast that has become a guest favourite: cream cheese fruit crepes browned in golden butter, paired with a sweet and salty side of crispy bacon. This dish is finished with a generous dollop of thick, creamy vanilla yogurt and served with your choice of refreshing orange or apple juice. It's the perfect blend of flavours and textures to brighten any day.

### BREAKFAST OPTION: SIX

#### Eggs Benedict

Poached eggs served on toasted English muffins or toast, topped with rich hollandaise and paired with crisp English roast potatoes.

Choose your style: ham, cheddar cheese, fresh spinach, or sautéed onions.

**If you have allergies or a preference let us know.**

**We can usually accommodate you.**

#### ALSO

Oatmeal or Cream of Wheat made to your taste  
(Made with milk, oat milk or water)

Add fruit, raisins, and/or sugar, brown sugar or maple syrup

We also have Regular Cereal available.

